

PERSONAL TRAINER - FEE STRUCTURE & GUIDELINES

These guidelines have been prepared to ensure quality and consistent personal training to the membership, guests and day visitors at Brackenridge Country Retreat & Spa. All personal trainers are required to produce their formal qualifications and complete a **'Request for Authorised Personal Trainer Status'** form.

A limited number of Personal Trainers will be approved. It is the intention of the Gym to offer the membership access to a variety of different trainers with complementary specialist areas and training strengths. e.g. Rehabilitation, Body Building, Marathon Running, Strength training, Flexibility.

Each Personal Trainer is required to have a current Personal Trainer membership from a choice of:

- (1) Monthly rate of \$85
- (2) Annual rate of \$650

Personal trainers may engage in group training sessions for up to 4 members at a time, but must respect other individual members' need to train. A request for larger groups will need to be discussed and agreed by the Management.

All group training classes must be pre-approved with the Management to ensure suitability and no overlap with other activities.

Group training classes will incur an additional 10% commission payable to Brackenridge Country Retreat & Spa. It is the responsibility of the personal trainer to submit a list of clients and the rate charged, so we may prepare an invoice.

Brackenridge Country Retreat & Spa will invoice you 10% commission on a monthly basis for group training based on the numbers submitted by the trainer. This will be audited against access codes and security camera footage.

Commission payments are to be received within 30 days of invoice. In the event a class fee is less than \$10 per person the commission will be rounded up to be \$1 per person.

The personal training membership does not include swimming instruction.

All customers embarking on personal training or group training must be current members of the Gym. For casual visitors they must pay a \$10 day rate to the gym directly.

For clarity, all clients will make payments to Personal Trainers direct for their PT services or classes.

Opportunities for Business Promotion

All authorised Personal Trainers at Brackenridge Country Retreat & Spa are entitled to the following in each calendar year:

- 1 x solo email campaign to introduce them to our membership
- 2 x monthly newsletter inclusions across a year with training advice or tips
- 2 x facebook posts per month
- 1 x Website listing under Personal Trainers section
- 1 x Inclusion in new member welcome packs
- 1 x In-gym photograph as authorised personal trainer